

FRONTIER

adventure challenge

where adventure begins

HOW THE RACE WORKS

COMPETITOR REGISTRATION:

All teams must check in with race staff at race headquarters to complete the registration process, which includes:

- Completing or submitting all paperwork.
- A quick gear check to ensure certain key items are present (see Mandatory Gear List)
- Once completed your team will receive a Competitor Kit which includes: 3 race jerseys; 3 bike plates (with zip ties); 3 Frontier Adventure Challenge Series T-Shirts; the Team Passport; 3 Dinner tickets; promotional material and swag! The race jerseys must be worn at all times during the race (beginning at gear check), the bike plates must be attached to the front of each bike, and please ensure that you have your passport with you for the duration of the race (otherwise your team will incur a time penalty).

SCHEDULE OF EVENTS:

DAY	TIME	ACTIVITY
Friday	1400 - 1800	Volunteer Registration
Friday	1600 - 2100	Competitor Registration
Saturday	0700 – 0830	Competitor & Volunteer Registration
Saturday	0700	Map Distribution
Saturday	0830 - 0900	Competitor Briefing
Saturday	1000	Race Start
Saturday	1800	Race Officially Ends
Saturday	1700	Dinner Begins
Saturday	1830	Awards & Prizes

COMPETITOR BRIEFING & MAP DISTRIBUTION:

At 0700, one member of each team may pick up the race map and course directions, giving teams 90 minutes before the race briefing to review the course and develop any questions. At 0830, all teams must meet for the Competitor Briefing. This is when the teams are introduced, key event information is shared, any questions are addressed, and the racecourse is reviewed and explained in detail. This will end at 0900, leaving each team until 1000 to plot the Check Points, review the maps and instructions, complete any final preparations, and get to the start line.

RACE START:

Teams will gather in the designated area for a 1000 mass start. The race may start at the base camp area, or it may have a remote start, in which case a time will be specified to meet buses for transport to the start line. At the word 'GO', your adventure begins. You must reach each checkpoint (proof is a punched passport at each CP) in the order specified at the Competitor Briefing and within the 8 hour time limit to complete the racecourse. Your team's pace is up to you – push for the win or just enjoy the authentic wilderness race experience.

THE RACE COURSE:

The order and distance of each discipline changes with each race, as the courses are always different and in response to the landscape of the area. Typically we aim to create a course with an equal amount of time on each discipline. This usually results in 20-25km of biking, 5-8 km of trekking, and 10-12km of paddling.

The navigation is enough to require you to keep a close eye on your compass, but not enough to get you lost for a day. We build the course with catching features so you'll never wander too far away! There is usually at least 1-2 km of real offtrail bushwacking, and the rest will be trailrunning or open terrain.

For mountain biking, we try to find good, fun ATV tracks or snowmobile trails - not too technical, but rolling and interesting. There is usually a road or two, just out of necessity to connect sections.

Similarly, the paddling will typically be on a lake or a gentle slow moving river, and you'll almost always be using canoes. We may have up to class 2 whitewater, but only if it's very safe, and sometimes staffed with water rescue teams.

RACE CUT-OFF:

Teams have until 1800 to complete the entire racecourse. Finishing teams within the 8-hour time limit and who have reached each checkpoint will be recorded in the final standings as a ranked team. If your team does not finish before the cut-off, miss a checkpoint, or have to short-cut the course, you will still receive a ranking based on your time at the furthest point your team reached while still on the official course, but following all teams that complete the full course.

DINNER AND AWARDS PARTY:

The participant dinner is served starting at 1700, usually running for at least two hours (family and friends can purchase meal tickets at the Race Concierge booth). The prizes and special awards presentation begins shortly thereafter, usually around 1830 but will vary depending on the number of teams yet to finish. This is a great time to tell your team's tale of the race, meet the other teams, and thank the volunteers.

The top three teams in all three categories (Coed, Male, and Female), as well as top three Solo racers, receive prizing from sponsors and race entry prizing or discounts. Special prizes will be awarded, and several spot prizes will be given out – but you have to be there to collect!

Dinner and Awards are followed by a licensed party with tunes and race videos, so plan to hang out, socialize, and celebrate your achievement.